



May 21st, 2014

Heartfelt thanks to League of Friends

The League of Friends of South Tyneside Hospitals has donated £10,000 to provide vital equipment to help diagnose symptoms in heart patients.

The latest presentation of a 24-hour monitor brought the total number of the devices bought by the League for South Tyneside District Hospital to six.

Jakki Colwill, Cardiology service manager, said: "I would like to express a huge thank you to the League of Friends for their generous donation.

"These devices provide us with a continuous, 24-hour electrocardiogram (ECG) recording, which is a vital investigation, supplying information such as rate and rhythm of the heart. The recording enables the doctor to correlate symptoms which might not happen all the time, such as palpitations, with heart readings, and to diagnose the cause. It may show an abnormally fast or slow heart rate or an irregular rhythm that may need treatment."

The test is safe and painless and can be done as an outpatient, with the small, digital device being worn on a belt around the waist. Three ECG leads from it are attached to the chest and the electrical activity of the heart is recorded whilst the patient carries out normal, daily activities.

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Pictured above: The photograph shows Jakki Colwill, Cardiology service manager, second from left, with League of Friends' chair Maureen Young, vice chair Margaret Whittington and member Viv Forrest.

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

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