



September 9th, 2014

Dentist gets her teeth into new challenge

Intrepid dentist Sarah Kime is taking on a new fundraising challenge in aid of a charity which helps to provide much needed dental pain relief for people in the developing world.

The specialist in special care dentistry with South Tyneside NHS Foundation Trust's community dental team raised more than £1,000 last Summer for Bridge2Aid by climbing Mount Kilimanjaro, the highest mountain in Africa. Her latest endeavour this month will involve her trekking 45 kilometres along the Great Wall of China

Miss Kime said: "Three quarters of the world's population has no access to the most simple dental pain relief, leaving billions to face a daily battle with pain in the toughest of life circumstances, with no hope of treatment. I am aiming to raise the same amount as I raised last year to help Bridge2Aid with the fantastic work it does in providing dental pain relief and, importantly, in training local healthcare workers so they, ultimately, can provide a sustainable, safe, emergency dental service for their local communities. I have chosen this particular challenge as I think that, much like climbing Mount Kilimanjaro, it will be a great experience."

Miss Kime, who lives in Newcastle, has already been out to Tanzania working as a volunteer with the charity on five occasions and will make her sixth trip as part of a training team in February, 2015. Since 2002, 3.1 million people in East Africa have been given access to safe emergency dental care because of Bridge2Aid's training programmes.

Anyone wishing to sponsor Miss Kime's Great Wall of China trek can do so at <https://www.justgiving.com/Sarah-Kime2/> For more information on Bridge2Aid, visit <http://www.bridge2aid.org>
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Notes to editors

- South Tyneside NHS Foundation Trust's community dental team is made up of highly trained staff who provide specialised NHS dental services, not usually available in general



dental practice, for adults and children in South Tyneside, Sunderland and Gateshead who have been referred by a doctor, a dentist, or other health or social care professional.

Pictured above: The first photograph shows people in Tanzania queuing for dental treatment from charity Bridge2Aid.

The second photograph shows Sarah Kime on her Mount Kilimanjaro climb.

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

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