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## Dentist's brush with adventure

Dentist Sarah Kime had no problem extracting cash from friends and colleagues in support of her latest venture in aid of a charity which provides vital dental pain relief and training for healthcare workers to deliver sustainable dentistry in the developing world.

Miss Kime, a specialist in special care dentistry with South Tyneside NHS Foundation Trust's community dental team, has raised £575 for Bridge2Aid by walking 80 kilometres along the Great Wall of China. This follows her feat last year in climbing Mount Kilimanjaro, the highest mountain in West Africa, which raised more than £1,000 for the same cause.

Miss Kime, of Newcastle, said: "I'd like to say a huge thank you to everyone who sponsored me and, in particular, to my colleagues who also contributed through a raffle, for which one of them supplied the prizes."

Since 2002, 3.1 million people in East Africa have been given access to safe, emergency dental care thanks to Bridge2Aid's training programmes. Miss Kime, who has already worked as a volunteer with Bridge2Aid in Tanzania on five occasions, will now lead a training team out there in February, 2015.

She added: "Bridge2Aid does an amazing job in providing dental pain relief to people who would, otherwise, face a daily battle with pain with no hope of treatment. An important aspect of their work is training local healthcare workers so they can provide a sustainable, safe, emergency dental service for their local communities and I feel privileged to be able to play a part in this."

South Tyneside NHS Foundation Trust's community dental team is made up of highly trained staff who provide specialised NHS dental services, not usually available in general dental practice, for adults and children in South Tyneside, Sunderland and Gateshead who have been referred by a doctor, a dentist or other health or social care professional.

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*Pictured above: Dentist Sarah Kime pictured on The Great Wall of China*

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

For press enquiries on this release, contact 0191 404 1128 or email [kay.jordan@stft.nhs.uk](mailto:kay.jordan@stft.nhs.uk)