



June 1st, 2016

Invite to learning disability respite service drop-in

Families and carers of adults in South Tyneside with a learning disability are invited to a drop-in to find out more about a vital respite service.

South Tyneside NHS Foundation Trust staff at the purpose-built Elmville facility at Monkton Hall, Jarrow, where people over the age of 18 with learning disabilities and associated health needs can go for residential short breaks, are opening the doors on Monday, June 20th, from noon to 1.30pm, to show what it has to offer. This follows the success of a recent similar event.

Angela Hood, manager of the unit, which is staffed 24 hours a day, said: "We had a good turnout for the first drop-in and I think the visitors were impressed by what they saw.

"We have seven beds – five for planned stays and two for crisis situations – and we have a reputation for offering outstanding support to both service users and their families. During their stay, clients have the opportunity to mix with other service users and to go on supported visits and outings and we ensure continuity for those in education and who access day care services. For the families and carers, giving them a break from their caring responsibilities allows them valuable time for themselves away from what are often very demanding, stressful circumstances. Being able to recharge their batteries can make the difference between a family being able to continue supporting their son or daughter at home or them going into residential care. Many of them tell us Elmville is a lifeline and they don't know how they would cope without it."

To find out more about Elmville, ring 0191 283 2583.

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Pictured above: Pictured at the previous drop-in event at Elmville, left to right, South Tyneside NHS Foundation Trust Clinical Business Manager Mandy Bowler, Elmville manager Angela Hood and the Trust's Head of Learning Disability Service Tracey Peters

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

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