



September 13th, 2016

Help for bladder and bowel disease patients

Nurses from South Tyneside NHS Foundation Trust are holding their annual information day for South Tyneside patients who have had bladder or bowel disease on Friday, September 16th, at the Sea Hotel, Sea Road, South Shields, from 10am to 3pm.

The stoma nurse specialists at South Tyneside District Hospital help patients who, as a result of their treatment, are living with a temporary or permanent stoma – a surgically-created opening. Adapting to life with a stoma can be distressing but, on the positive side, for patients who have been virtually housebound as a result of their condition, it can also mean a better quality of life. The nurses offer support and guidance on many topics, including stoma management and nutrition.

The information event will also provide an opportunity for patients to meet people who have shared the same experience. No registration is necessary.
ends

Pictured above: Stoma nurse specialists, Jane Barnes and Teresa Liddle

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

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