



June 14th, 2017

Boost for women's health

Women in South Tyneside are benefiting after South Tyneside District Hospital supporters bought a £4,700 machine which can be used to treat a range of bladder, bowel and pelvic floor problems.

The League of Friends provided the equipment at the request of the women's health physiotherapy department.

By connecting the patient to the machine, their pelvic floor contractions can be viewed on a computer, giving instant visual feedback. This is then used to help them to understand what is happening to their muscles and encourage them to practise exercises which can improve their control of different body functions. The machine can also be used to provide strengthening stimulation to the muscles.

Senior women's health physiotherapists Anna Mennell and Cath Grebby said they were 'very grateful' to the League of Friends for enabling them to buy it.

Pictured above: Betty Pippin, left, and Maureen Young, right, of the League of Friends, with senior women's health physiotherapists Cath Grebby and Anna Mennell

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

For press enquiries on this release, contact 0191 404 1128 or email kay.jordan@stft.nhs.uk