



June 16th, 2017

Celebrating breastfeeding benefits

South Tyneside's annual Teddy Bears' Picnic, arranged as part of National Breastfeeding Week, will be held on Thursday, June 22nd, at All Saints Children's Centre, South Shields, from 10am to noon.

South Tyneside NHS Foundation Trust community midwife Jane Harker, who has helped to organise the event, said: "The Teddy Bears' Picnic is always very popular and we hope as many breastfeeders past, present and future as possible will join us this year.

"It's an opportunity to celebrate breastfeeding. Breast milk is perfectly designed for babies, protects them from infections and diseases and is available whenever the baby needs it. Breastfeeding also provides health benefits for mothers and can help to build a strong emotional bond with the baby. The longer mothers breastfeed then the longer the protection lasts and the greater the benefits."

The Teddy Bears' Picnic will be held on Thursday, June 22nd, 10am-noon, All Saints Children's Centre, Whitehall Street, South Shields
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Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

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