



June 26th, 2017

## Teddy Bears' Picnic breastfeeding celebration

It was a case of 'Ready, teddy, go' at a South Tyneside celebration of breastfeeding.

Breastfeeding mums past, present and future, and their little ones, gathered for the annual Teddy Bears' Picnic held at All Saints Children's Centre, South Shields.

South Tyneside NHS Foundation Trust community midwife Jane Harker, who helped to organise the event, said: "As always, it was a really enjoyable and fun occasion and an opportunity to highlight the importance of breastfeeding. Breast milk protects babies from infections and diseases and is available whenever they need it. Breastfeeding also provides health benefits for mothers. The longer they breastfeed then the longer the protection lasts and the greater the benefits."

ends

Issued on behalf of South Tyneside NHS Foundation Trust by Kay Jordan

For press enquiries on this release, contact 0191 404 1128 or email [kay.jordan@stft.nhs.uk](mailto:kay.jordan@stft.nhs.uk)