



Press release - September 7th, 2017

Help for bladder and bowel disease patients

Nurses from South Tyneside NHS Foundation Trust are holding their annual information day for South Tyneside patients who have had bladder or bowel disease on Friday, September 15th, at the Sea Hotel, Sea Road, South Shields, from 10am to 2pm.

The stoma nurse specialists at South Tyneside District Hospital help patients who, as a result of their treatment, are living with a temporary or permanent stoma – a surgically-created opening. Adapting to life with a stoma can be distressing and embarrassing but, on the positive side, for patients who have been virtually housebound as a result of their condition, it can also mean a better quality of life. The nurses offer support and guidance on many topics, including stoma management and nutrition.

The information event will also provide an opportunity for patients to meet people who have shared the same experience. No registration is necessary.

Ends

Pic shows: South Tyneside NHS Foundation Trust's colorectal cancer and stoma nurse specialists Teresa Liddle (left) and Jane Barnes

Issued on behalf of South Tyneside NHS Foundation Trust by **Sharon Emms**
For press enquiries on this release, contact **0191 404 1127** or email
sharon.emms@stft.nhs.uk