

PRESS RELEASE – OCTOBER 10, 2018

Specialist nurses supporting South Tyneside bladder and bowel disease patients



Specialist nurses from South Tyneside District Hospital will hold their annual information day for patients who have had bladder or bowel disease on **Friday, October 19th, at the Sea Hotel, Sea Road, South Shields, from 10am to 2pm.**

The Stoma Nurse Specialists are there for patients who, as a result of their treatment, are living with a temporary or permanent stoma – a surgically-created opening.

Adapting to life with a stoma can be distressing but for patients who have been virtually housebound as a result of their condition it can also mean a better quality of life. The nurses, who see about 70 new stoma patients a year, can offer support and guidance on many topics, including stoma management and nutrition.

The information event will also provide an opportunity for patients to meet people who have shared the same experience. No registration is necessary.

Ends

Photo caption: South Tyneside colorectal cancer and stoma nurse specialists Teresa Liddle (left) and Jane Barnes

Issued by **Kay Jordan**

For press enquiries on this release, contact **0191 404 1128** or email

kay.jordan@stft.nhs.uk